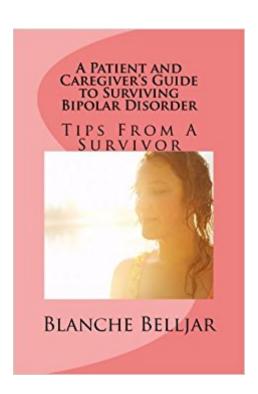


# The book was found

# A Patient And Caregiver's Guide To Surviving Bipolar Disorder: Tips From A Survivor





# Synopsis

This self-help book is a paperback version of two previously published eBooks: Surviving and Thriving with Bipolar Disorder: Tips from a Survivor (published 2/2013) and Reassuring Madness: How to Care for Loved Ones Who Have Bipolar Disorder (published 5/2014). The first book is told from the point of view of a patient (me) and the second is told from a caregiverâ ™s perspective. It is the story of one familyâ ™s battle with bipolar disorder and how they have tried to help one another.

## **Book Information**

Paperback: 72 pages

Publisher: CreateSpace Independent Publishing Platform (July 14, 2014)

Language: English

ISBN-10: 1500504106

ISBN-13: 978-1500504106

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #613,537 in Books (See Top 100 in Books) #246 in Books > Health, Fitness &

Dieting > Mental Health > Bipolar #45746 in Books > Self-Help

### Download to continue reading...

A Patient and Caregiver's Guide to Surviving Bipolar Disorder: Tips from a Survivor Survival Strategies for Parenting Children with Bipolar Disorder: Innovative Parenting and Counseling Techniques for Helping Children with Bipolar Disorder and the Conditions that May Occur with It Two Bipolar Chicks Guide To Survival: Tips for Living with Bipolar Disorder Bipolar Happens! 35 Tips and Tricks to Manage Bipolar Disorder Break the Bipolar Cycle: A Day-by-Day Guide to Living with Bipolar Disorder Why Am I Still Depressed? Recognizing and Managing the Ups and Downs of Bipolar II and Soft Bipolar Disorder (NTC Self-Help) Not Just Up and Down: Understanding Mood in Bipolar Disorder (The Bipolar Expert Series Book 1) Mindfulness for Bipolar Disorder: How Mindfulness and Neuroscience Can Help You Manage Your Bipolar Symptoms Beautiful Bipolar: A Book About Bipolar Disorder Back to Normal: Why Ordinary Childhood Behavior Is Mistaken for ADHD, Bipolar Disorder, and Autism Spectrum Disorder Surviving Manic Depression: A Manual on Bipolar Disorder for Patients, Families, and Providers Caregiver Triumphant: How to overcome stress and thrive in your role as a family caregiver My Two Elaines: Learning, Coping, and Surviving

as an Alzheimer's Caregiver Disruptive Mood Dysregulation Disorder (DMDD), ADHD and the Bipolar Child Under DSM-5: A Concise Guide for Parents and Professionals The Bipolar Disorder Survival Guide, Second Edition: What You and Your Family Need to Know The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder, Third Edition Bipolar Disorder: A Guide for Patients and Families (2nd Edition) The Bipolar Disorder Survival Guide: What You and Your Family Need to Know Bipolar Disorder: A Guide for Patients and Families (A Johns Hopkins Press Health Book) Treating Bipolar Disorder: A Clinician's Guide to Interpersonal and Social Rhythm Therapy (Guides to Individualized Evidence-Based Treatment)

Contact Us

DMCA

Privacy

FAQ & Help